



Amazing Body Fact:

Your body has the capability to create 8,000,000 (8 million) red blood cells in 1 second.

Chiropractic Fact:

The first modern day chiropractic adjustment was performed in 1865 by DD Palmer to restore **hearing** to Harvey Lillard.



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What is a Vertebral Subluxation?

What would happen to your body if the flow of intelligence from your brain to your body was disrupted? What if this vital life message, could not reach the proper destination at the proper time? What if this interference blocked messages that helped your heart, lungs, liver, or kidneys function properly? “**All** disease results from a disruption of the flow of intelligence.” according to Deepak Chopra, MD. When a vertebral subluxation occurs, spinal bones become misaligned and interfere with nerve supply (or your body’s intelligence) as it passes from your brain through your spinal cord to every cell in your body and back again. Vertebral Subluxation put pressure on your nerve system and the vital message they send. Nerve pressure as small as the weight of a dime can do the following:

- Starve the nerve of vital nutrients
- Decrease nerve strength by 70%
- Affect organ function.

When there is no interference to your nervous system, your innate intelligence can allow you to perform better and adapt to stresses more quickly. Chiropractic is now the most sought after form of holistic healthcare for children for America. In fact, studies have shown that children get sick less frequently and need fewer medications throughout their lives. Think about the impact chiropractic can have on your life, the life of your children, and your friends. If you would like to learn more about how chiropractic can help you please contact us at anytime.

Thanks and Happy New Years.
Dr. Karl L Ellis Jr. D.C. &
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